
About Restoring a VMware Standard Backup Set

<https://campus.barracuda.com/doc/104381496/>

Overview

With a VMware Standard backup, you will be able to restore the virtual machine back to a specific point in time, either into production or into an isolated sandbox environment.

With VMware Standard restores, you can perform the following actions:

- Restore VMs locally or from the cloud
- Restore VMs in a sandboxed test mode or production mode
- Choose to start the VMs automatically upon restore or not

VMware Standard Recovery Types

While performing the restore procedure, you are prompted to select how to verify and recover your data to the restore destination. The following options are provided:

- Sandboxed Test Recovery
- Production Recovery

Sandboxed Test Recovery is a safe means for you to verify the integrity of your backed-up VMs without affecting normal business operation. Your production VMs remain powered on and operational. The selected recovery VMs are powered on within an isolated VLAN.

Production Recovery performs an instant recovery of your production VMs with selected recovery VMs.

If the production VM is still running, it is shut down before powering up the recovery VMs.

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